



Advanced Lifeguarding Program

COURSE OUTLINE

TARGET AUDIENCE:

This course is designed for participants wishing to attain a qualification to meet Workplace Health and Safety requirements where Emergency Care response is a duty of care.

eg: Surf Life Savers, Pool Attendants and Staff, Snorkelling Guides and Supervisors, Aquatic Rescue personnel.

PREREQUISITES:

- * The ability to complete a swim of 400 meters within a time of 12 minutes
- * **SRXFAD001A** - Provide First Aid or equivalent

COMPETENCIES GAINED:

- * **WEC01A** - Assess the situation and provide basic care to manage life threatening emergencies. (Life Support/CPR)
- * **WEC02A** - Select and operate Specialist Emergency care equipment for Spinal Immobilisation
- * **HLTFA404A** - Apply Advanced Resuscitation Techniques
- * **SRCAQU003B** - Respond to an Aquatic Emergency using Basic Water Rescue Techniques
- * **SRCAQU006B** - Supervise clients at an Aquatic Facility
- * **SRCAQU007B** - Respond to an Aquatic Emergency using Advanced Water Rescue Techniques

DURATION: 4 days full time

COST: POA
(includes: Statement of Attainment, Workbooks, CPR Cards)

COURSE CONTENT:

- * **Scene Assessment & Management**
- * **Primary Assessment**
- * **Life Support / EAR - CPR**
- * **Basic Emergency Care**
- * **Recognition & Assessment of an Aquatic Emergency**
- * **Basic Water Rescue Techniques**
- * **Impedance Threshold Device (ResQPOD)**
- * **I-gel Airways**
- * **Advanced Resuscitation**
 - Oxygen Resuscitation
 - Oxygen Therapy
- * **Use of Automated External Defibrillators**
- * **Spinal Injury Management**
- * **Advanced Water Rescue Techniques**
- * **Lifeguarding and the Law**
- * **Client Supervision at an Aquatic Facility**
- * **Facility Risk Assessment**
- * **Responding to Aquatic and Medical Emergencies**



SPECIALISTS IN EMERGENCY CARE TRAINING AND EQUIPMENT

PO Box 81N, North Cairns, QLD 4870, Australia. Ph (07) 4032-2444 Fax (07) 4032-4722
Email: admin@FirstResponseAustralia.com.au Web: www.FirstResponseAustralia.com.au