



Advanced Lifeguarding

Unit Code : SRCAQU007B - Respond to an Aquatic Emergency using Advanced Water Rescue Techniques

COURSE OUTLINE

TARGET AUDIENCE:

This course is designed for participants wishing to attain a qualification to meet Workplace Health and Safety requirements where Emergency Care response is a duty of care.
e.g. Pool Attendants and Staff, Snorkelling Guides and Supervisors, Aquatic Rescue personnel

PREREQUISITES:

- * The ability to complete a swim of 400 meters within a time of 12 minutes

COMPETENCIES GAINED:

- * Assess the situation and provide basic care to manage life threatening emergencies. (Life Support/CPR)
- * Select and operate specialist emergency care equipment for spinal immobilisation
- * Use ancillary oxygen resuscitation equipment safely and effectively
- * Respond to an Aquatic Emergency using Basic Water Rescue Techniques.
- * Supervise clients at an aquatic facility
- * Respond to an Aquatic Emergency using Advanced Water Rescue Techniques

DURATION:

3 days full time

COST:

includes:
Statement of Attainment, Pool Entrance Fee, Workbooks, CPR Cards.

COURSE CONTENT:

- * Scene Assessment & management
- * Primary Assessment
- * Life Support / EAR - CPR
- * Identification and management of Heart Attacks
- * Bleeding & Shock management
- * Recognition & Assessment of an Aquatic Emergency
- * Basic Water Rescue Techniques
- * Spinal Injury Management
- * Advanced Resuscitation
 - Oxygen Resuscitation
 - Oxygen Therapy
- * Advanced Water Rescue Techniques
- * Lifeguarding and the law
- * Client Supervision at an Aquatic Facility
- * Facility Risk Assessment
- * Responding to aquatic and medical emergencies



SPECIALISTS IN EMERGENCY CARE TRAINING AND EQUIPMENT

PO Box 81 N, North Cairns, QLD 4870, Australia. Ph. (07) 4032-2444 Fax. (07) 4032-4722
email: admin@FirstResponseAustralia.com.au