



Senior First Aid

Unit Code : HLTF301B
Apply First Aid

COURSE OUTLINE

TARGET AUDIENCE:

This course is designed for participants wishing to attain a qualification to meet Workplace Health and Safety requirements where Emergency Care response is a duty of care.
Can also be utilised by all community members.

PREREQUISITES:

Nil

COMPETENCIES GAINED:

Apply first aid -

- Assess the situation
- Apply first aid procedures
- Communicate details of the incident
- Evaluate own performance

DURATION:

options:

1 day full time (plus precourse study)

2 days full time

modules tailored to your workplace

COST:

Includes:

Texts, CPR Cards, Statement of Attainment

COURSE CONTENT:

- * **Life Support (Resuscitation)**
- * **Emergency Action & Road Accidents**
- * **Acute Illness**
- * **Burns & Extremes of Temperature**
- * **Bleeding. Wounds & Eye Injuries**
- * **Bites, Stings & Poisons**
- * **Bone, Joint, Chest, Abdominal & Pelvic Injuries**



SPECIALISTS IN EMERGENCY CARE TRAINING AND EQUIPMENT

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